



The Serious Business of Laughing at Life

In his book, “The Serious Business of Laughing at Life,” Kevin Trees has penned his thoughts and feelings about life and the importance of never giving up. Trees, of the Louisville Metro Police Department was critically injured in a motorcycle accident in 2003 and subsequently lost his right leg. Undaunted, he mastered the use of his prosthetic limb, passed a rigorous physical and was reinstated as an active duty officer. He has been honored with two of the agency’s Lifesaving Awards and was Officer of the Month in January 2007. He also has trained with the department’s aviation division to fly helicopters.


Trees’ autobiographical account of growing up and the adversities of his youth coupled with his adult tragedies, has given us a glimpse of what laughing at life’s hard knocks and moving forward is all about.

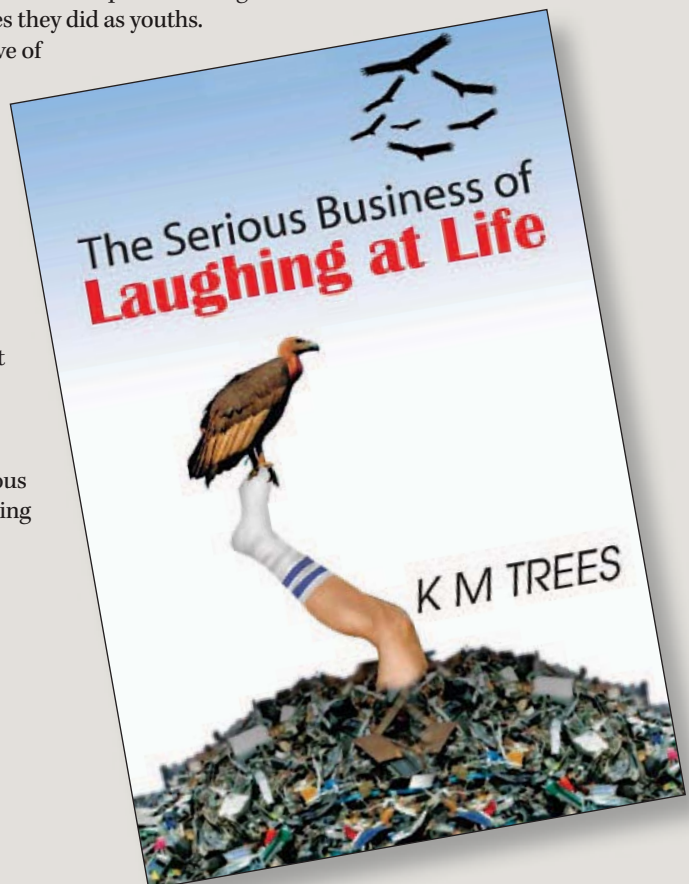
Kevin pulls no punches and leaves the readers with the knowledge that in order to overcome life’s hurdles you must identify its source, confront it and, most importantly, move beyond it.

Sometimes life is not fair. But, in his honest account of dealing with life, he is able

to show us that each of us has the ability to overcome life’s hardships and succeed.

This book is a reaffirmation of life and a guide to anyone struggling who believes they are all alone. Oftentimes, we have battled only to find others who have gone through the same plight, and many are willing to share their experiences. Parents do this daily in the lessons they teach their children, hoping the children will be spared making the same mistakes they did as youths.

Trees’ narrative of his joys and triumphs help us to look inward and acknowledge what is truly important for each of us. We have problems both big and small, but by facing them, and overcoming them we can get on with “the serious business of laughing at life.” 



by Kevin Trees, Xlibris Press, Bloomington, Indiana, 2011